

Curriculum Vitae

Marjan Farzad, M.Sc.

Master of Nursing, Faculty Member

Date of Birth: June 27, 1972.

Education:

Mashhad University of Medical Sciences	M.Sc.	2011	Nursing
Birjand University of Medical Sciences	B.Sc.	1996	Nursing

M.S. Thesis:

“The Comparison of Inspiratory Resistive Muscle Training with Incentive Spirometer on Pulmonary Function in Patients with Chronic Obstructive Pulmonary Disease.”

Work Experience:

- Pediatrics ward at Emamreza Hospital in Birjand 1997-1999
- Teaching at Azad University in Birjand 1999-2002
- ICU, NICU, PICU, CCU, Emergency wards & Cathlab as a nurse or staff nurse at Valiasr Hospital in Birjand 2002-2012
- Member of *Educational Committee* at Valiasr Hospital 2004-2012
- Being responsible for teaching the Intensive Care Unit Nurses in Ferdows 2009
- Supervisor and head of ICU at Valiasr Hospital in Birjand 2011-2012
- Be in charge of *Accreditation Team* at Valiasr Hospital in Birjand 2011-2012
- Cooperation with *Mehrvarzan*, the magazine of Imam Reza hospital, in Mashhad in connection with educational materials for kidney transplant patients 2011
- Teaching at Birjand University of Medical Sciences, Internships Instructor 2012-2013
- Offer Letter from Southern Cross University, Lismore, Australia 2013

- Cooperation with Modern Care Journal of Birjand University of Medical Sciences 2016
 - Faculty Member at Birjand University of Medical Sciences 2016
 - Member of Infectious Diseases Research Center from May to November 2016
 - Member of Cardiovascular Diseases Research Center from November 2016 to present
 - Being responsible for designing the *Grand Round Forms* for the whole wards of Valiasr hospital 2016
 - Member of the interviewer's team for selecting *Medical Emergency Students* 2016
- Member of the executive team for the international conference: new topics in viral hepatitis, Birjand University of Medical sciences 2016

Course Teaching Experience:

Medical Surgical Diseases/ Physical Examination/ Nursing in Crisis and Emergency/ Mental Health, Psychiatric Disorder/ ICU&NICU Trainings

Research Experience:

- Comparing Inspiratory Resistive Muscle Training with Incentive Spirometer on Spirometric Indices in COPD Patients
- Comparing Inspiratory Resistive Muscle Training with Incentive Spirometer on Respiratory Pattern in COPD Patients
- Comparing Inspiratory Resistive Muscle Training with Incentive Spirometer on Dyspnea at Rest and During Activity in COPD Patients
- Integration the Theoretical Standard Training with Clinical Practice
- Endocrine Disorders in Beta-Thalassemia Major Patients
- Prevalence of Hepatitis D Virus Infection and Associated Factors among HBsAg-Positive Patients in Birjand 2012-2014
- The Effect of Educational and Follow-up Programs on the participants' Risk Factors Participated in the Study of non-communicable Diseases Prevention
- Personality Dimensions (Temperament and Character) in Patients with Premature Coronary Artery Disease Referring to Heart Clinic in Birjand, East of Iran

- Quality of life and Happiness among Mothers of Children with Congenital Heart Disease and Mothers of Healthy Children
- The Effect of Rhythmic Movements on Depression and Mild Anxiety in Children with Cancer
- Prevalence of diabetes and risk factors, Birjand, East of Iran 2014: A cross-sectional study
- Endocrine Disorders in Beta-Thalassemia Major Patients
- Impact of Lifestyle Training p on Serum Lipids of Children and Adolescents with Dyslipidemia : a Quasi-experimental study

Publications:

Journal Articles

1. Heydari A, **Farzad M**, Ahmadihosseini SH. Comparing Inspiratory Resistive Muscle Training with Incentive Spirometry on Rehabilitation of COPD Patients. Rehabil Nurse. 2015; 40(4):243-8.

Pubmed Indexed

2. Heydari A, ***Farzad M**, Ahmadihosseini SH. Comparing the Effect of Inspiratory Resistive Muscle Training and Incentive Spirometry on Respiratory Pattern of COPD patients. Evidence Based Care Journal. 2016; 6(3):45-54.

Scopus/Google Scholar Indexed

3. Nahid Azdaki, Hamidreza Mashreghimoghaddam, **Marjan Farzad**, Toba Kazemi. Torsades de pointes: Should ECG be taken from all patients before surgery? A case report. Journal of Surgery and Trauma. 2016;4(1-2):

SID, ISC

4. Toba Kazemi, ***Marjan Farzad**, Seyedalireza Javadinia. Taking the Wrong Medication of Digoxin Tablets: A Cace Report. Mod Cre J. 2016;13(4): e11154

SID/ISC/ Google Scholar Indexed

5. Tayyebeh Chahkandi, Samaneh Norouziasl, ***Marjan Farzad**, Fatemeh Ghanad. Endocrine Disorders in Beta-Thalassemia Major Patients. *Int J Pediatr*. 2017; 5(8):5531-38.

ISI, Scopus, Google Scholar Indexed

6. Gholamreza Sharifzadeh, Mohammadhasan Namaei, Azadeh Ebrahimzadeh, Zohreh Azarkar, Mohammad Fereiduni, Bita Bijari, Davood Javanmard, Mehdi Karamian, **Marjan Farzad**, Masood Ziaee. Prevalence of Hepatitis D Virus Infection and Associated Factors among HBsAg-Positive Patients in Birjand 2012-2014. *Hepat Mon*. 2017;17(5):e42866.

Google Scholar, Pubmed/ ISI

7. Nazanin Hanafi, Seyedali Moezi, ***Marjan Farzad**, Toba Kazemi. Torsade de Pointes with Presentation of Seizure in the Ischemic Heart Disease Context: A Case Report. *Mod Care J*. 2017;14(1):e11364.

Google Scholar/ISC

8. Nahid Azdaki, Seyedali Moezi, ***Marjan Farzad**. Pulmonary tuberculosis: a differential diagnostic priority in unprovoked deep venous thrombosis patients with haemoptysis: A Case Report. *Pan African Medical Journal*. 2018;29:57.

ISI, Scopus, Google Scholar Indexed

9. Forod Salehi, Tahereh Hadavikia, Marjan Farzad* and Alireza Mahmoodirad. Quality of life and Happiness among Mothers of Children with Congenital Heart Disease and Mothers of Healthy Children. *Pediatrics & Neonatal Biology Open Access*. 2018; 3(1). **Google Scholar**

10. Yaghoobi A, Taheri F, Farzad M, Kazemi T. Impact of Lifestyle Training on Serum Lipids of Children and Adolescents with Dyslipidemia : a Quasi-experimental study. *Electronic Physician*. 2018 ; 10(10). **Pbmed /ISI**

Books

Farzad M. *Helping your Heart. A Guide for Patients with Pace Maker*. Mashhad: Tak Negar, 2008.

Iranian Registry of Clinical Trials (IRCT)

The Comparison of Inspiratory Resistive Muscle Training with Incentive Spirometer on Improving Respiratory Function and Dyspnea in COPD Patients

IRCT Number: IRCT201105096422N1

2011

Congress Attending

1- Farzad M (2017) Psychosocial Factors Influencing Healthy Aging in the Elderly Hospitalized at Valie-Asr Hospital: Birjand 2017. Abstract. The 5th *National Conference* on Research in Health Development, Birjand 2017

Oral Presentation

2-Farzad M (2017) Comparing the Effect of Resistive Inspiratory Muscle Training and Incentive Spirometry on Respiratory Pattern of COPD patients. Abstract. The 4th *International Conference* on Chronic Obstructive Pulmonary Disease. Osaka, Japan

Oral Presentation

3- Farzad M (2016) Health Literacy and Public Health: Definitions and Models. Abstract. The 1st National Congress of Health Literacy. Mashhad, Iran.

Poster Presentation

4- Farzad M (2016) The Necessity of Educational-Supportive Systems after Kidney Transplant in Iran. Abstract, The 2nd *International Congress* of Nephrology& Urology (ICNU). Tehran, Iran.

Poster Presentation

5- Farzad M (2016) Determinants for Patients recovery after Kidney Transplant. Abstract, The 19th Congress of Iran Urologic Association &The 10th Congress of Urologic Nursing. Tehran, Iran

Oral Presentation

6- Farzad M (2016) Does 'IS' affect the Two Strength and Endurance Spirometric Indices in COPD Patients as the 'IMT' Trainings? Abstract, *International Nursing Congress*, Dubai

Oral Presentation

7- Farzad M (2013) Comparing Inspiratory Resistive Muscle Training with Incentive Spirometer on Inactive COPD Patients' Life style.

Abstract, The 3rd National Congress of Research in Health Development.
Birjand, Iran. Poster Presentation

8- Heydari A, Farzad M, Ahmadihosseini SH (2011) The Comparison of Inspiratory Resistive Muscle Training with Incentive Spirometer on Improving Respiratory Function and Dyspnea in COPD Patients. Abstract, The 5th *International Congress* on Pulmonary Diseases, Intensive Care and Tuberculosis. Tehran, Iran. Oral Presentation

9- Farzad M, Heydari A, Ahmadihosseini SH, Ebrahimzadeh S (2011) Comparing Inspiratory Resistive Muscle Training with Incentive Spirometer on Spirometric Indices in COPD Patients. Abstract. The 7th Annual Research Congress of the Eastern Medical Sciences Students. Mashhad, Iran. Poster Presentatio

Top poster (Best Poster Award)

10- Farzad M (2011) Professional Communications and Integration the Theoretical Standard Training with Clinical Practice. Abstract, The first *International Congress* of Professional Communication in Hospitals. Mashhad, Iran. Poster Presentation

11- The 16th International Congress of Pediatrics and The 2nd Pediatrics Nursing Congress, Tehran, Iran. 2004

WorkShops

- 1- On Line Medical Databases, 2nd International Congress of Nephrology and Urology, Tehran, Iran. 2016
- 2- Language Tips for Academic Writing, 2nd International Congress of Nephrology and Urology, Tehran, Iran. 2016
- 3- Scientometric Indices, 2nd International Congress of Nephrology and Urology, Tehran, Iran. 2016
- 4- Common Errors and Publishing Tips, 2nd International Congress of Nephrology and Urology, Tehran, Iran. 2016
- 5- Social Media in Medical Research, 2nd International Congress of Nephrology and Urology, Tehran, Iran. 2016
- 6- Poster Design, 2nd International Congress of Nephrology and Urology, Tehran, Iran. 2016
- 7- Patent Workshop, Birjand University of Medical Sciences 2016

- 8- Research Information Management, Birjand University of Medical Sciences 2016
- 9- Curriculum Designing based on art 2016
- 10- Commercialization of Research, Birjand University of Medical Sciences 2017
- 11- Health Transformation, Birjand University of Medical Sciences 2017
- 12- Angiography Application Training, Birjand, Iran. 2009

Articles in Press/as an author or corresponding author

- The Effect of Rhythmic Movements on Depression and Mild Anxiety in Children with Cancer
- The Effect of Educational and Follow-up Programs on the participants' Risk Factors Participated in the Study of non-communicable Diseases Prevention
- Personality Dimensions (Temperament and Character) in Patients with Premature Coronary Artery Disease Referring to Heart Clinic in Birjand, East of Iran
- Failed Primary PCI in a Middle-aged man without any Risk Factor: LA Myxoma
- Prevalence of Diabetes Mellitus and Risk Factors, Birjand, East of Iran 2014: A Cross- Sectional Study

Research Project/ Cooperation

1. The effect of age at marriage on marital satisfaction (student research project/advisor) 2017
2. Psychosocial Factors Impact Healthy Aging in South of Khorasan Accepted for oral presentation in Elderly Health Conference /Birjand 2017
3. Comparison the Mean Scores of Cognitive Emotion Regulation Strategies and Thought Affection Controlled Strategies in Suicide Attempting by Poisoning and Ordinary Subjects 2017
4. The Relationship between Burnout and Nursing Function at Qaen Shohada Hospital (student research project/Supervisor) 2017
5. The Relationship between Job Stress and Cardiovascular Diseases in Birjand Employees. 2017

6. Research project on cardiovascular health status in employees 2016

Appriciation

For:

✓ *ICU Log Book Designing From Director of Medical Education Studies 2017* Verification Code 128

✓ *Top Researcher Award*

From Deputy of Education & Research, Birjand University of Medical Sciences 2017

✓ Customer appreciation Valiasr Hospital 2013

✓ High responsibility at work Valiasr Hospital 2011

✓ Nurse Day Valiasr Hospital 2009

✓ Customer appreciation Valiasr Hospital 2008

✓ *Research week*

From Deputy of Education & Research, Birjand University of Medical Sciences 2008

✓ Patients care Valiasr Hospital 2007

✓ Patients health promotion Valiasr Hospital 2006

✓ High responsibility& effectiveness Valiasr Hospital 2005

✓ High responsibility& effectiveness Valiasr Hospital 2003

Top Researcher of Birjand University of Medical Sciences 2017

Trained Courses:

✓ ICDL (2003,2005,2006,2007,2008,2018)

Basic information of technology

Computer & file Managements

Internet

Word

Powerpoints

Excell

Databases

Spss

✓ CPR, 2003

- ✓ Clinical Skills, 2003
- ✓ Thalassemia, 2003
- ✓ BP Seminar, 2004
- ✓ Continuous Promotion of Quality, 2004
- ✓ Blood Transfusion, 2004
- ✓ Nursing Regulation, 2004
- ✓ Breast Feeding, 2005
- ✓ Nosocomial Infections, 2005
- ✓ Nursing Reports, 2005
- ✓ EKG, 2005
- ✓ Performance- Based Management, 2005
- ✓ Patients Education, 2005
- ✓ Diabet Seminar, 2006
- ✓ Relationship Therapy, 2006
- ✓ The Accidents, 2006
- ✓ Maternal and Child Health, 2007
- ✓ Clinical Skills, 2007
- ✓ Medical Emergencies, 2007
- ✓ Intubation, 2007
- ✓ Life Skills, 2007
- ✓ Crisis Management, 2008
- ✓ Understanding the Laws and Administrative Regulations, 2008
- ✓ BP&Care for Patients with Heart Disease, 2008
- ✓ Revival of Religious thought Congress, 2008
- ✓ Blood Transfusion, 2008
- ✓ Pandemic Avian Influenza, 2008
- ✓ Maternal& Babyhood Health, 2008
- ✓ Radiation Protection in Atomic Energy Organization, Tehran, 2008
- ✓ Community Health Nursing & Nosocomial Infection,2009
- ✓ Clinical Governance,2010
- ✓ Safety and Medical Errors, 2011
- ✓ Introduction to Medical Documentation, 2012

Organization

Iranian Nursing Organization Number: 8541473

